

SUMMER 2007

Touchmark FOUNDATION



Jean Glanz
Chairperson

GRATITUDE AND GROWTH

The Foundation wishes former Executive Director Janet Plummer all the best as she pursues her new position as senior vice president and chief financial officer with LightBridge Healthcare Research, Inc. Janet's enthusiasm, knowledge, and dedication were instrumental in shaping the Foundation's direction over the past year, and the board and others thank her for her numerous and valuable contributions.

The board has decided not to fill the director position at this time and instead will draw on the assistance of volunteers to help with day-to-day activities. As you'll see in this edition of the newsletter, the Foundation's work continues and is expanding. We are pleased to support the education of several students pursuing careers in nursing. I encourage you to read their brief stories in this issue; they are compelling.

Also, the Foundation is delighted to welcome Ed Murphy to the board of directors. Ed brings a tremendous background in business and board involvement.

As this issue goes to print, we are finalizing plans for a third successful golf tournament at Langdon Farms Golf Club in Aurora, Oregon. If you're interested in becoming a sponsor and/or participating on the day of the event, please contact Marti Rakestraw at 503-646-0526.

Finally, in addition to the Low-Vision Project that we announced recently, the Foundation is embarking on another issue equally important to the health and wellness of seniors—balance. In the next newsletter, we'll share details about a donation that is launching a program that will truly make a difference in people's lives.

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Last year's golf tournament was filled with great swings, winning smiles, and warm sun. This year's event is teed up for Tuesday, September 18.

It's time for another round of golf



The 2007 Touchmark Foundation Golf Tournament is scheduled for Tuesday, September 18 and will be held at Langdon Farms Golf Club in Aurora, Oregon. To register as a player or sponsor, please visit Touchmark.Golfreg.com or call Marti Rakestraw at 503-646-0526.

Last year's event raised more than \$30,000 for the Touchmark Foundation nursing scholarships and other programs to help seniors. With the help of more than 30 sponsors, 120 golfers enjoyed a practically perfect fall morning. There was friendly competition, tasty food, and prizes; all to benefit Touchmark Foundation programs.

Spots are limited; sign up soon to participate in this year's fun!

New addition to board



Ed Murphy has joined the board of Touchmark Foundation. Before he retired a year ago, Ed served as vice president of Operations for Touchmark, where he worked for almost 15 years.

Ed's diverse professional background includes owner of a construction real estate corporation and chairman of the Accounting Department and assistant dean of Business at the University of Calgary.

He was an estimator, construction manager, and general manager of a residential and commercial general construction company. For seven years, he was owner and president of The Hollman Company.

Ed has served on the board of directors for numerous companies and associations and is a registered certified public accountant in the states of Oregon and Washington.

Ed graduated from Oregon State University and received a Master of Business Administration from the University of Washington. He started the MBA program at University of Calgary and wrote a textbook with John Grant Rhode, *How to Pass the CPA Exam*.

"I am very pleased to be on the board and pleased to help out," says Ed.

Donate your vehicle—

car, RV, truck, or boat—and help provide important programs to improve the lives of seniors.



Contact Chairperson
Jean Glanz at 800-796-8744
for more information.

Nursing scholarships awarded

Canada and the United States are facing a critical shortage of health care professionals, especially in nursing. Concurrently, the number of people reaching retirement age is increasing dramatically as the baby boomers mature and life expectancy lengthens. Together, these two trends place tremendous pressure on an already burdened health care system.

The Touchmark Foundation is dedicated to helping solve this crisis and raises funds to provide scholarships to students who are pursuing careers in nursing, especially in the field of geriatrics. To date, \$23,000 has been awarded to students in Arkansas, Idaho, Montana, North Dakota, Oregon, and Washington.

Meet the recent recipients:



Jodi Englund

Several factors contributed to Jodi's decision to become a nurse. Jodi is drawn to the profession by the fact that a national shortage of nurses provides many career opportunities. The hard work required of nurses will create much job satisfaction as she meets the challenges and succeeds in this demanding field. But, most importantly, the potential to positively touch the lives of people in her care draws her to nursing.

"To me, the nursing profession is about making people feel better in their time of need and making a difference in their lives. To make someone smile when they are sick and vulnerable is something that most people cannot experience in their jobs."

Jodi is one of several Touchmark scholars attending Salish Kootenai College in Montana.

Tegan Gates

After shadowing nurses at the local community hospital as part of a high school program, Tegan knew that she wanted



to become a nurse. "I knew that becoming a nurse who could make a difference in a person's life was my calling," she says. According to her professors, Tegan will be an outstanding health professional. Her intelligence, skills, and compassion "set her apart from other students," says one teacher at Carroll College in Helena, Montana. Tegan's main interest is working in the field of geriatrics.

Janene Perkins



Janene has been working as a certified nursing assistant since 2004 and has learned that she not only enjoys working in the medical field but also loves the deep sense of satisfaction she gets

from helping people feel better.

Janene, the mother of two preteens, is proud to be a student role model for her children. She is the first in her family to attend and graduate from college. Janene plans to complete her associate degree in nursing at Salish Kootenai College in Pablo, Montana, and ultimately, complete a bachelor's degree.

When she is not studying, Janene and her family can be found outdoors, riding horses, hunting, fishing, and enjoying the world. She also volunteers at her children's school and is a baseball coach.

"This strong bond I have with my family is very special to me. They are my inspiration and support."

Sandra Pickle



Sandy's years of experience helping people led her to choose nursing as her profession.

While working as a volunteer for a rural police department, Sandy was frustrated with her inability to help when responding to car accidents. In response, Sandy became certified as an emergency medical technician. Several years later, she started an orphanage in India, providing medical care to impoverished people in small villages. From these experiences, Sandy decided to become a nurse. She now is working as a home health aide in Bend, Oregon, and pursuing a nursing degree at Central Oregon Community College.

“She is an exceptional employee and wonderful person ... always smiling,” raves her supervisor. “An exemplary student,” adds a professor.



Kaylin Tesch

Kaylin currently works as a certified nursing assistant on the acute care wing at Clark Fork Valley Hospital in Plains, Montana. Kaylin also is enrolled in the nursing program at Salish Kootenai College (Pablo, Montana) and hopes to work with seniors by providing home health care in rural Montana. “Being part of a community, especially a rural community, is a special gift,” says Kaylin.

The Foundation applauds the hard work and determination of these and all scholarship recipients—and thanks the many contributors who support these individuals. If you would like to make a donation, please contact Foundation Chairperson Jean Glanz at 800-796-8744.



Kayla Smith

Before entering Umpqua Community College’s nursing program, Kayla worked as a medical aide and certified nursing assistant at Bridgewood Rivers Assisted Living Residence in Roseburg, Oregon. Now, she is focusing all of her energy on becoming a registered nurse, receiving her bachelor’s degree in Nursing, and preparing for advanced education in nursing. Supervisors and teachers alike praise Kayla’s skill, dedication, and positive attitude.

Your tax-deductible donations to the Touchmark Foundation will support programs to benefit seniors.

YES, I want to help improve the lives of seniors through Touchmark Foundation programs.

Name _____ Phone _____

Address _____ E-mail _____

City/State/Zip _____

Payment of this gift is by: Check Visa/MC Amount \$ _____

Card # _____ Exp Date _____ Signature _____

- I have included the Touchmark Foundation in my will or estate plan.
- Please send me information on how to name the Touchmark Foundation in my will or estate plan.
- Please send me information about the Touchmark Foundation.

Gifts to the Touchmark Foundation are tax deductible to the fullest extent allowed by law.